



We Are Parents Too



*2082 Lexington Avenue
4th Floor, NY, NY 10035*

**Partnering with Families
to Protect the Rights of
Individuals with Developmental
Disabilities and their Children**

For more information please call 212-643-2840



We Are Parents Too

Intensive Case Management

Parenting Education

Visit Coaching

Parent Support Group

Advocacy

WAPT offers intensive case management for parents with developmental disabilities. Choose from the services we offer to create an individualized plan with your client.

Refer a Parent Call WAPT, where a trained Social Worker will obtain background information and schedule an intake appointment.

Intake We will conduct a face-to-face meeting with parents to develop a rapport and complete a psychosocial history. We will collaboratively identify strengths and needs, and create a plan tailored to meet their specific goals.

Parenting Group We offer a ten-session program focused on relationship building, empathy, child development, parental self-soothing, stress management, and disciplinary techniques. Groups are structured to meet the needs of parents with disabilities, with client specific pacing, vocabulary and supportive learning tools to match individual learning styles.

Visit Coaching A trained Social Worker will coach parent-child visits, help transfer and implement newly learned skills from group, and support the relationships between parents and children.

Parent Support Group Our group allows Parenting Class graduates to maintain a deep sense of connection, and to continue supporting and learning from each other. Parents will have the opportunity to co-facilitate sessions with guidance from an experienced counselor. Workshops and presentations will be based on client interest in relevant topics in order to build awareness, and with the ultimate goal of fostering personal empowerment and self-confidence.

Other Direct Services

- Home visits to help transfer skills to the home environment
- Assistance and support navigating the legal system
- Help connect with resources and make referrals

Advocacy for Social Change We work with parents to advocate for policies and laws that recognize, respect and protect the rights of parents with disabilities.

To refer a parent, please contact:

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